



14 April 2021

Ramadan information for staff and managers

The Trust would like to wish all our Muslim colleagues and service users a blessed Holy Month of Ramadan.

The month of Ramadan is a particularly special time for Muslims. This year it started on 12 April and end with Eid-ul-Fitr on 11/12 May 2021. These dates may vary subject to sighting of the moon. Please [click here](#) to read the latest information.

The Pharmacy team have also put together a document about Ramadan and mental health medication. Please [click here](#) to read the advice.



HBL ICT Customer Advisory – Care of Equipment

During the current pandemic, it is particularly important to ensure you are taking proper care of all your IT equipment (including mobile telephones).

Please ensure that devices are stored carefully, used with due care and attention, and kept locked and safe when not in use.

If you need to sanitise your devices, please ensure that they are cleaned with an appropriate antibacterial SURFACE wipe (check before use).

Please DO NOT USE hand wipes containing oils and DO NOT directly apply any liquid (gels, etc.) to devices.

Take care when eating & drinking (especially drinking) near your laptop or other PC equipment.

Due to equipment supply shortages, we predict that any additional pressure on supplies due to accidental breakage (or spillage) **there may be an extended delay in replacing any hardware that has been damaged**, thus potentially leaving users without the necessary equipment.

VPN Software Upgrade

There may be a delay when users connect to the VPN for the first time after the upgrade (from Thursday 15 April). This is because the Cisco AnyConnect client software will update on users' laptops once they are connected. (Subject to the speed of the home user's network, the delay time can vary from 40 seconds to 5 minutes).

Information about the AstraZeneca vaccine and blood clots

Please [click here](#) to read the latest information and advice regarding the risk of AstraZeneca COVID-19 vaccine and blood clots.

2021 Community Mental Health Survey

Each year HPFT take part in the National Community Mental Health Survey so that we can understand more about our service user's experiences of community services.

Could we please ask you to remind service users, who have received a survey from Quality Health, to please complete it and return it as soon as possible. Please ask service users not to tell you if they have received a survey as details of the sample must remain confidential, this ensures that any feedback is treated anonymously. All surveys must be sent back to Quality Health and not to HPFT by 18 June 2021.



The first results will come through in the autumn and we will share these with you.

New and updated policies and guidance

Guidance for people going on leave or being discharged from wards - updated

[Click here](#) to view the guidance.

Supporting individuals living in the community with a learning disability or severe mental illness accessing the COVID-19 vaccination

Staff should read this [Standard Operating Procedure](#) so that all community HPFT staff can support individuals living in the community with a learning disability or severe mental illness to access the COVID-19 vaccination.

RCA Fact Finding during COVID-19 for individual cases (service users) – updated

[This report](#) is to be completed by the multi-disciplinary team (MDT) for any incidents involving a suspected or confirmed outbreak of COVID-19 infection. This is for more than two cases reported and, in consideration of time and space, within 14 days of the index case on the same ward/unit.

Health and wellbeing special events – April 2021

[Click here](#) to see other events and activities taking place in April.

If you would like to include anything in the weekly bulletin, please send details by 12 noon on a Tuesday to hpft.comms@nhs.net for publication the following Wednesday.

April 2021 – Webinars, courses and network meetings

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
	IAPT: An experiential introduction to mindfulness, 2.30pm. Click here to register	IAPT: Relaxation skills, 10am. Click here to register BAME Business Meeting, 2-3pm. Click here to join.	Staff Carers Network, 2-3pm. Click here to join	
5	6	7	8	9
	IAPT: How to cope with stress, 2pm. Click here to register		Spirituality Staff Network, 3-4pm. Click here to join	Women's Staff Network, 11am-12:30pm. Click here to join
12	13	14	15	16
IAPT: How to sleep better, 1pm. Click here to register	IAPT: Managing worry and certainty, 10am. Click here to register	Staff Mental Health Network – closed meeting, 1-2pm. Click here to join BAME Staff Network #StrongerTogether, 2-3pm. Click here to join Domestic Abuse & Mental Health Level 3 Adult & Child Safeguarding, 1-2:30pm. Click here to register IAPT: An experiential introduction to mindfulness, 4pm. Click here to register IAPT: Living with grief and loss, 12pm. Click here to register		
19	20	21	22	23
Essential Safeguarding Children Level 3 Safeguarding Children Webinar, 1-2:30pm. Click here to register.	Outlook Staff Network, 2-3pm. Click here to join	Looked after children in CAMHS Level 3 Safeguarding Children, 2-4pm. Click here to register IAPT: Living with grief and loss, 12pm. Click here to register	IAPT: Relaxation skills, 2pm. Please click here to register IAPT: Mindfulness – dealing with negative thoughts, 3pm. Click here to register	IAPT: Managing anxiety – living with COVID-19 restrictions, 9am. Click here to register
26	27	28	29	30
IAPT: Managing worry and certainty, 1.30pm. Click here to register	Joint Diversability and Mental Health SN Meeting, 2-3pm. Click here to join	BAME Business Meeting, 2-3pm. Click here to join IAPT: An experiential introduction to mindfulness, 4pm. Click here to register	Domestic Abuse – Coercion and Control Level 3 Adult & Child Safeguarding, 2-3:30pm. Click here to register IAPT: Mindfulness – reconnect with your true self, 3pm. Click here to register	IAPT: How to cope with stress, 9am. Click here to register